



Dear Participant:

The Sprinkler Fitters Local 669 and the NASI Welfare Fund have partnered with Health Gauge to provide healthcare screenings at NO COST TO YOU.

Who is eligible to participate?

All eligible NASI Welfare Fund Participants, eligible spouses and dependents (18 years of age and older), and eligible NASI Welfare Fund retirees and beneficiaries (both pre-Medicare and Medicare).

Dates and Location.

Sat. April 13 th , 2024	9:00 AM – 4:00 PM	Lake Bastrop South Shore Park Osprey Point Hall	375 S. Shore Rd Bastrop, TX 78602
Sun. April 14 th , 2024	9:00 AM – 4:00 PM	Courtyard Marriott Dallas DFW Airport South/Irving	2280 Valley View Ln Irving, TX 75062

How do I participate?

Step 1: Call Toll Free 515-244-3080 to schedule your health screening appointment.

Or schedule online at <https://NASI.hgscreenings.com>

Step 2: Attend your onsite health screening at the scheduled time.

IMPORTANT: Fasting is NOT required.

Step 3: Ultrasound Results will be provided the day of the event.

Bloodwork and Biometric Reporting will be available within 10-14 business days.

What should I expect the day of the screening?

Screenings will be completed in under an hour. When you arrive at the screening, you will be greeted by a Health Gauge staff member. The staff member will check you in. The confidential health screening will include biometrics, such as height, weight, waist and hip measurements, resting pulse, and blood pressure. Non-invasive ultrasound screenings will be performed to identify blockages in the neck, abdomen, and legs. These blockages can lead to stroke and various cardiovascular conditions that can be life threatening and debilitating if left undetected and untreated. Additionally, a comprehensive blood draw will be completed.

These tests are not meant to replace your Primary Care Physician, but are meant to improve communication with your Physician at your next appointment.

The Fund Office sincerely hopes the program will provide convenient access that will allow you to take advantage of this benefit.

Please refer to the attached informational flyer to obtain more details or simply contact Health Gauge at (515) 244-3080 for additional information.

Sincerely,
Board of Trustees